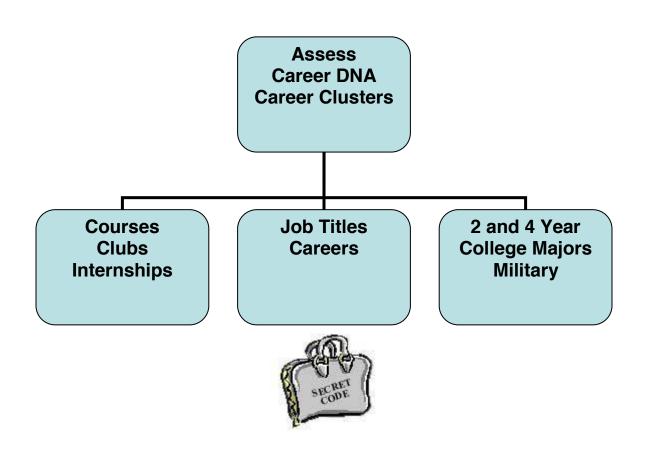
Discovering Your Career DNA



"Dynamic Natural Abilities"



Assessments/Applications

An easy way to discover your Career DNA for better career choices is to complete the following assessments.

- 1. Interests John Holland 3 Letter Code
- 2. People, Data, Things, Ideas Work Preferences
- 3. Career Cluster Preferences

Assessment Procedures for More Accurate Results

When administering and interpreting the assessments, keep the following suggestions in mind:

- 1. Do not administer more than one assessment per classroom period.
- 2. Administer a new assessment each week. Do not ask your students to complete 5 days of testing.
- 3. Discuss the possible interpretations of assessments as soon as you complete them.
- 4. Offer secondary assessments for validation purposes.

A more robust investigative approach in discovering the Career DNA would contain the following assessments:

- 1. Interests John Holland 3 Letter Code
- 2. People, Data, Things, Ideas
- 3. Personality Traits Birkman/Princeton Review
- 4. Learning Styles/Multiple Intelligences
- 5. Aptitudes
- 6. Work Environments Preferences
- 7. Strengths/Talents
- 8. Career Cluster Preferences

Young adults attending post-secondary institutions may find the following assessments available from the career center office for possibly a fee.

- 1. Strong's Interest Assessment which is an enhanced version of the John Holland Code
- 2. Myers, Briggs Personality Test

The keys to all of these assessments are the

- 1. Proper interpretation of the responses, and the
- 2. Ability to bring all assessment results together for a total picture.

The career counseling results should be focused on providing **multiple career choices** which are appropriate for the assessment results. The counselor should never pinpoint one particular job title.

Application of the Assessment Results will lead the individual to making choices in the following areas:

- 1. High school academic and career and technical education courses
- 2. High school clubs, community service and internships
- 3. College majors or other post-secondary training
- 4. Military training opportunities

Every student should graduate from high school with the confidence that he knows his *Career DNA* which has led him to appropriate career choices as shown on the Career DNA Profile.

GET STARTED THINKING ABOUT YOUR FUTURE.

You're invited to a Career Party

Lucky you! You're invited to a party at a friend's house this weekend. When you arrive, you see lots of your classmates. They all seem to be talking in small groups about different topics.

As you walk around the room, listen to each group to see which one you want to join:

GROUP 1

Your friends in this group are talking about everything from sports to raising animals to fixing cars. Everyone in the group enjoys being outdoors and working with their hands, fixing and tinkering with things.

GROUP 4

At first you think this group is very loud, but then you realize they just all like to talk. Some of the students say they want to teach people what they know, others want to be on stage or in movies, while others want to work with people in the medical field.

GROUP 2

Everyone in this group is interested in watching, investigating, analyzing or solving problems. Some say they like science, others enjoy puzzles and computer games. They're definitely good at finding answers.

GROUP 5

Your friends in this group are "take charge" people who like to persuade others. They're definitely leaders, some are on the student council, and others say they want to own their own business or make a lot of money some day.

GROUP 3

This group of your friends is very creative. Some like to draw and paint, others enjoy doing innovative or unusual things. All of them enjoy using their imagination and creativity in unstructured situations.

GROUP 6

Even though this group is quieter than the others, you can tell that these students like to talk about how they keep things ordered and organized. Most of your friends in this group like working with numbers and data...and they're really good at it.

Which group do you decide to hang out with first? Write that group's number in the box on the right.

After 10 minutes, that group moves to the kitchen to get some snacks. So which group do you go to next? Write that group's number in the box on the right.

After 10 more minutes, you decide to chat with another group. Which one? Write that group's number in the box on the right.

GROUP #
GROUP #
GROUP #

Using the KEY below, write the first letter of each of the groups you chose in order here.

These 3 letters in this order form your unique career code.

Then go to the career profiles at www.learnmoreindiana.org and enter your code to see information on careers that might interest you.

Group 1=Realistic Group

Group 2=Investigative Group

Group 3=Artistic Group

Group 4=Social Group

Group 5=Enterprising Group

Group 6=Conventional Group

Adapted from What Color is Your Parachute?, Richard Bolles, Ten Speed Press, utilizing the Holland Code career theory.

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9

GAMES YOU PLAY..... LEAD YOU TO FUTURE CAREER CHOICES

In each box, place a check mark next to the games you liked to play. Count and record the number of choices for each box. Your highest numbers represents your interests: R, I, A, S, E, or C. Record your 3 highest totals on the Career DNA Profile sheet.

DIVA FIUITE SHEEL.		
Realistic	Investigative	Artistic
□ Use a toy tool set □ Play with a toy kitchen or grocery store □ Build with Legos or blocks □ Play with animals □ Play with toy trucks □ Play police or cowboy and Indians □ Ride a bike □ Play sports, jump rope □ Play red light, green light	Use a toy doctor set Use a chemistry sets Use a telescope Find countries on a globe Study the stars Collect bugs Play scientist or astronaut Play treasure hunt Build rocket models Read instruction booklets connected to game	 □ Play with PlayDoh or Lite Brite □ Draw, use crayons, markers □ Use finger paints, clay □ Sew or play with sticker books □ Design a car, building, landscape □ Read books □ Sing in a chorus or by yourself □ Write stories □ Play acting or theater □ Learn a language □ Play a musical instrument
Social	Enterprising	Conventional
 □ Play with action figures, toy army men □ Play with stuffed animals □ Play group or team games, □ Play school □ Teach someone to read or write □ Play nurse or doctor □ Play house or store □ Listen to a friend's story □ Serve people or dolls food and drinks □ Visit a friend who is sick 	 □ Play grocery store □ Play bank □ Monopoly □ Set up car wash □ Sell lemonade from a stand □ Play board games such as chess, checkers □ Complete puzzles □ Go door to door to sell something □ Lead others during a game □ Help others decide on what game to play 	 Collect items such as trading cards Organize a desk Arrange papers Play office or work Use a computer to enter numbers or words Use a cash register Keep records File books away on a shelf Organize bedroom, hang posters, clean desk area Count money
	A A	

CAREER DNA - PEOPLE, DATA, THINGS

Do you prefer to work with data, people, or things? To some extent, every job requires you to use data (numbers, words, ideas or information), to be involved with people, or to handle things (tools, machines, vehicles, nature). However, most occupations emphasize one of these areas more than the other, so it is helpful for you to know which area you prefer working with the most. **Directions:** Read the statements under each of the three areas (DATA, PEOPLE, THINGS) and put a check next to the statement if you would like doing the activity described. Record your totals on the Career DNA Profile.

1	. Work with calculators and computers to solve math problems.
	2. Read small graphs or tables to answer questions or study a blueprint.
	B. Sort things and put them in their proper place, like working in a library.
	Perform math problems accurately, like figuring the price of an item.
	5. Measure things by reading scales or rulers, like weighing meat or measuring cloth.
	6. Getting or giving information, such as a newspaper reporter or a computer programmer.
	7. Coordinate and manage the work of others, like telling pilots when to land an airplane,
	elling how to make something, or scheduling a project.
	B. Design and draw plans for things like buildings, machines, or electrical systems.
	D. Look for evidence to solve problems, like diagnosing a disease or solving a crime.
	Investigate and explore the nature of the world through such areas as chemistry, forest
	ecology, or biology.
	1. Remember numbers or memorize information
	Develop a budget for an office, company, or project.
	Take inventory of supplies in a pantry or pharmacy.
	4. Inspect a store or supermarket.
	Compare prices in a store or catalog and make purchases.
	6. Research a topic in the library, organize and write a report.
	7. Work with statistics to do a study.
	8. Keep financial records and files.
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Things Preferences - Do You Like to
37. Mix things together to make something, like bread or cement.
38. Put parts together to build or make things, like furniture, gardens, or brick houses.
39. Use machines and tools to repair things, like painting walls or putting glass in
windows.
40. Drive and operate heavy equipment like, a bulldozer, tractor or truck.
41. Work with hand tools like a saw, hammer or screwdriver to make or repair things.
42. Keep things in good working order by checking or repairing things like cars,
airplanes, or televisions.
43. Follow plans to make things like houses, books, or jewelry.
44. Treat or care for animals.
45. Do skilled art work like draw cartoons, design clothes, or paint pictures.
46. Develop and use special skills like sewing clothes, cutting hair or cooking meals.
47. Fix computer equipment or medical testing machines.
48. Operate a camera or play an instrument.
49. Invent a new machine or design a new house.
50. Monitor equipment like tape recorders in a language laboratory.
51. Use scientific equipment to run laboratory tests.
52. Drive or operate a vehicle like a steamship, car, bus, boat, or airplane.
53. Unload supplies for a stock room.
54. Feed and empty automatic machines.
Things Total Column
IDEAS PREFERENCES - Do you like to
55. Decorate a room
56. Write a poem or story
57. Publish a school yearbook or newspaper
58. Write lyrics or a rap
59. Paint, draw, or watercolor
60. Play a musical instrument
61. Invent a new product
62. Organize new clubs or activities
63. Compose music
64. Design a new house or clothing
65. Read books, plays, poetry
66. Work on crafts
67. Take photographs
68. Design a webpage
69. Think about ideas
70. Discuss religion
71. Speak or study a second language.

Directions: Go back and count the number of check marks you put in each area. Transfer your totals below.

DATA (~ 8 Ι\	PEOPLE (S) THINGS (F	R) IDEAS (Λ\
DAIA	Cα ()	FEOFLE (3) (11111100	() IDEAS (A)

The assessments which follow are for validation of your Career DNA It is important to administer several versions of this assessment in order to ascertain the first three interest code letters.

Please try several of the assessments to confirm you feel confident in your choice of Holland Code letters.



REALISTIC	R Total =	
Are You:	Can You	Like To:
Practical	Fix electrical things	Tinker with mechanics
Athletic	Solve mechanical proble	ems Work outdoors
Straight forward	Pitch a tent	Be physically active
Mechanically inclined	Play a sport	Use your hands
A nature lover	Read a blueprint	Build things
Operate tools and machinery	Work on cars	Work on cars

INVESTIGATIVE				l Total =
Are You:	Can You		Like To:	
Inquisitive	Thi	ink abstractly		Explore ideas
Analytical	Sol	lve math problems		Use computers
Scientific	Un	derstand physical theories		Work independently
Observant	Do	complex calculations		Perform lab experiments
Precise	Us	e a microscope		Read scientific or technical magazines
Logical	Inte	erpret formulas		Analyze data

ARTISTIC				A Total =
Are You:	Can You		Like To:	
Creative		Sketch, draw, paint		Solve problems in original ways
Intuitive		Play a musical instrument		Read fiction, plays, poetry
Imaginative		Write stories, poetry, music, sing, act, dance		Use verbal abilities to speak, act, entertain
Innovative		Design fashions or interiors		Take photographs
An individualist		Use intuition		Express yourself creatively
Sensitive		Develop new ideas, approaches		Use visualization abilities

SOCIAL					S Total =
Are You:		Can You		Like To:	
	Friendly		Teach/train others		Work in groups
	Helpful		Express yourself clearly		Help people with problems
	Idealistic		Lead a group discussion		Participate in meetings
	Insightful		Mediate disputes		Do volunteer service
	Outgoing		Plan and supervise an activity		Work with young people
	Understanding		Cooperate well with others		Play team sports

ENTERPRISING	E Total =	
Are You:	Can You	Like To:
Self-confident	Initiate projects	Make decisions affecting others
Assertive	Convince people to do things your way	Be elected to office
Sociable	Sell things or promote ideas	Win a leadership or sales award
Persuasive	Give talks or speeches	Start your own political campaign
Enthusiastic	Organize activities and events	Meet important people
Energetic	Lead a group	Organize and lead others

CONVENTIONAL					C Total =
Are You:		Can You		Like To:	
	Well organized		Work well within an organization		Follow clearly defined procedures
	Accurate with details and numbers		Do a lot of paper work in a short time		Use data processing equipment
	Interested in number crunching		Keep accurate records		Work with numbers
	Methodical		Use a computer		Make charts, tables or graphs
	Conscientious about facts		Write effective business letters		Be responsible for details
	Efficient		Gather, organize and report data		Classify and organize information

Record your to	otals from each group:				
Realistic	Investigative	Artistic	Social	Enterprising	Conventional



WELCOME TO THE PARTY

There's a party going on at your school gymnasium. At this party, your classmates with the same or similar interests have all gathered together in the same corner of the room. Everyone is having a great time. "Let the Party Begin!"

In this corner of the room, people are talking about:

- playing sports,
- building dog houses,
- operating a computer,
- planting flowers
- cooking a meal.

R

In this corner of the room, people are talking about:

- going to an art
- museum,
- drawing pictures,
- playing an instrument,
- acting in a play.

Α

In this corner of the room, people are talking about:

- playing board games,
- starting a business,
- raising money,
- setting up a car wash.
- following the stock market

Е

In this corner of the room, people are talking about:

- using a chemistry set
- planning a scavenger hunt,
- using a microscope,
- playing detective.
- the last book they read.

ı

In this corner of the room, people are talking about:

- helping other people,
- reading books to children
- going out with their friends, and
- what is happening at school.
- Going to the mall.

S

In this corner of the room, people are talking about:

- their baseball card collection,
- setting up an office,
- comparing their collections of bears.
- Organizing their room.

C

Choose the top three groups of people you would feel comfortable talking with by placing and #1, #2 and #3 next to the boxes.

What Are Your Top 3 Interests?

This is the original John Holland Code created in the 1950s. It is the same activity you find a NYS CareerZone http://www.nycareerzone.org/

Realistic Doers People who like to be active, like the outdoors, often athletic, enjoy working with tools and equipment.	Investigative Thinkers People who enjoy math and science, like to use the mind to solve problems, enjoy games which require thinking.	Artistic Creators People who express themselves through activities such as art, music, dance, writing, and acting.
Social Helpers	Enterprising Persuaders	Conventional Organizers
People who enjoy talking with other people, value relationships with friends and or family, have good listening skills.	People who like to lead others and talk to others about doing things; have a natural ability to sell.	People who like to organize and collect things, enjoy using a planner and are able to keep accurate records.
	http://www.nycareerzone.org/	1

What is your Holland Interest Code?

List your top 3 areas based upon the games you enjoyed playing.

CHOICE #1:	
CHOICE #2:	
CHOICE #3:	



JOHN HOLLAND CODE VALIDATION ACTIVITY

REALISTIC

The "Do-ers"



ARE YOU:	CAN YOU:	LIKE TO:
practical athletic straightforward/frank mechanically inclined a nature lover thrifty curious about the physical world stable concrete reserved self-controlled independent ambitious systematic persistent	fix electrical things solve electrical problems pitch a tent play a sport read a blueprint plant a garden operate tools and machinery	tinker with machines/vehicles work outdoors use your hands be physically active build things tend/train animals work on electronic equipment

HOBBIES:

Refinishing furniture Growing plants/flowers Playing sports Hunting/fishing Woodworking Coaching team sports Building models Repairing cars, equipment, etc. Target shooting Landscaping Taking exercise classes

GAMES:

- Toy tool sets
- Toy kitchen and grocery store sets
- Erector sets, Lincoln logs,
- Legos
- Tonka toy trucks
- Inventor sets, models
- Learning/computer games
- Video games
- Action figures, toy army men
- Brayer model horses
- · Playing sports

CAREER POSSIBILITIES(Holland Code):

Aerospace Physiologist (RSE) Air-Conditioning Mechanics (RIE) Aircraft Mechanic (RIE) Appliance Mechanics (RIE) Aquaculturist (REI) Architectural Drafter (RCI) Automobile Body Repairer (RIE) Automotive Engineer (RIE) Automobile Mechanic (RIE) Baker/Chef (RSE) Bookbinder (RES) Bricklayer (RSE) Busdriver (RES) Butcher (RSE) Carpenter (RCI)

Cement Worker and Terrazzo Worker (REC) Cook/Chef (RSE)

Compositor (RSI) Computer Technician (RIC)

Construcion Worker (REC) Corrections Officer (RES) Dental Assistant (RES)

Dental Laboratory Technician (REC)

Dental Technician (REI) Diesel Mechanic (REI) Drafter (RCI) Electrical Engineer (RIE) Electrician (REI)

Electroplater (R) Excercise Careers (RES)

Farm Equipment Manager (RES) Farmer (RIS)

Farm Manager (RES) Firefighter (RES)

Fish Hatchery Manager (RES) Floral Designer (RAE)

Forester (RIS)

Furnace Installer (RES) Geodetic Surveyor (RIE) Glazier (RES) Groundskeeper (RCE) Industrial Supervisor (REI)

Instrument Repair and Maintainence (RIE)

Jeweler (REC)

Laboratory Technician (RIE) Line Installer (RSE) Logger (RES) Machinist (RIE)

Maintenance Repairer (RES) Mechanical Engineer (RIS) Metallurgical Technician (RIS)

Oceanographer (RIE) Optician (REI) Painter (RES)

Petroleum Engineer (RIE)

Plumber (REI) Practical Nurse (RSE) Printing Press Operator (REI) Property Manager (RES) Quality Control Manager (RSE) Radio/T.V. Repair (REI) Sailor (REC) Sheet Metal Worker (R)

Tailor (RES)

Tool and Die Maker (RIE) Truck Driver (RSE) Upholsterer (RCS) Watchmaker (REC)

Structural Steelworker (REI)

Water Quality Specialist (REI)

Welder (RES) Woodworking (RAE)



INVESTIGATIVE The Thinkers"

ARE YOU:	CAN YOU:	LIKE TO:
inquisitive analytical scientific observant precise scholarly cautious intellectually self-confident introspective reserved broad-minded independent logical complex curious	think abstractly solve math problems understand scientific theories do complex calculations use a microscope or computer interpret formulas	explore a variety of ideas use computers work independently perform lab experiments read scientific or technical journals analyze data deal with abstractions do research be challenged
HOBBIES:	CAREER POSSIBIL	_ITIES(Holland Code):
Book club Astronomy Crossword puzzles/board games Preservation of endangered species Computers Visiting museums Collecting rocks, stamps, coins, etc. Amateur Radio Recreational flying GAMES: Toy doctor set Chemistry sets Telescope Constellation globes, Archaeology/dino dig sets Bug collecting Ant farms Fossil making kit Scavenger hunts	Actuary (ISE) Agronomist (IRS) Anesthesiologist (IRS) Anthropologist (IRE) Biochemist (IRE) Biologist (ISR) Cardiopulmonary Technician (IRE) Cartographer (IRE) Chemical Engineer (IRE) Chemical Technician (IRE) Chemist (IRE) Chiropractor (ISR) Civil Engineer (IRS) Computer Engineer (IRC) Computer Programmer (IRC) Computer Systems Analyst (IER) Dentist (ISR) Ecologist (IRE) Economist (ISA) Electrical Engineer (IRE) Geographer (IRE) Geologist (IRE) Hazardous Waste Technician (IRS) Horticulturist (IRS)	Industrial Arts Teacher (IER) Management Consultant (ICR) Marketing Research Analyst (IAS) Mathematician (IER) Medical Lab Technologist (ISA) Meteorologist (IRS) Nurse Practitioner (ISA) Pharmacist (IES) Physician, General Practice (ISE) Physician Assistant (ISA) Psychologist (ISA) Research Analyst (IRC) Software Engineer (IRE) Statistician (IRE) Technical Writer (IRS) Veterinarian (IRS) Web Site Developer (IRE)

ARTISTIC

The "Creators"



ARE YOU:	CAN YOU:	LIKE TO:
creative intuitive imaginative innovative unconventional emotional independent expressive original introspective impulsive sensitive courageous open complicated idealistic nonconforming	sketch, draw, paint play a musical instrument write stories, poetry, music sing, act, dance design fashions or interiors	attend concerts, theatres, art exhibits read fiction, plays, and poetry work on crafts take photographs express yourself creatively deal with ambiguous ideas
HOBBIES:	CAREER POSSIBILITIES(Holland Code):	
Photography Performing Writing stories, poems, etc. Desktop publishing Sewing Taking dance lessons Visiting art museums Designing sets for plays Travel Playing a musical instrument Homemade crafts Painting Speaking foreign languages	Actor/Actress (AES) Advertising Art Director (AES) Advertising Manager (ASE) Architect (AIR) Clothing/Fashion Designer (ASR) Copywriter (ASI) Dancer (AES) Choreographer (AER) Drama Teacher (ASE) English Teacher (ASE) Fashion Illustrator (ASR)	
GAMES: • PlayDoh • Lite Brite • Drawing • Crayons, markers • Finger paints • Sticker books • Stenciling • Sewing	Furniture Designer (AES) Graphic Designer (AES) Interior Designer (AES) Journalist/Reporter (ASE) Landscape Architect (AIR) Medical Illustrator (AIE) Museum Curator (AES) Music Teacher (AES) Musician (AER) Photographer (AES) Website designer (AIE) Writers/Editors (ASI)	





SOCIAL The "Helpers"

ARE YOU:	CAN YOU:	LIKE TO:
friendly helpful idealistic insightful outgoing understanding cooperative generous responsible forgiving patient empathic kind persuasive	teach/train others express yourself clearly lead a group discussion mediate disputes plan and supervise an activit cooperate well with others	work in groups help people with problems participate in meetings do volunteer work work with young people play team sports serve others
HOBBIES:	CAREER POSSIE	BILITIES(Holland Code):
Volunteering with social action groups Writing letters Joining campus or community organizations Helping others with personal concerns Meeting new friends Attending sporting events Caring for children Religious activities Going to parties Playing team sports GAMES: Playing with dolls (Barbie, Cabbage Patch, etc.) Stuffed animals, group/team games, Play school, Teach someone to read or write Girl/Boy Scouts Play acting/theater Play nurse, doctor	(SCE) Recreation Director (SER)	

Minister (SAI)
Priest(SAI)

ENTERPRISING The "Persuaders"



ARE YOU:	CAN YOU:	LIKE TO:
self-confident assertive sociable persuasive enthusiastic energetic adventurous popular impulsive ambitious inquisitive agreeable talkative extroverted spontaneous optimistic	initiate projects convince people to do things your way sell things or promote ideas give talks or speeches organize activities lead a group persuade others	make decisions affecting others be elected to office win a leadership or sales award start your own service or business campaign politically meet important people have power or status

HOBBIES:

Leading Campus of Community Organizations

Discussing Politics Reading Business Journals

Selling Products

GAMES:

Play bank

Monopoly

Play grocery store

Set up car wash

Watching the Stock Market

Operating a Home Business

• Sell lemonade from a stand

Play board games such as chess, checkers,

Attending Meetings and Conferences

(ESA)

Representative (ESR) Automobile Sales Worker

(ESR)

Financial Planner (ESR)

Bartender (ERC)

Benefits Manager (ESA)

Computer Operator (ESI)

Credit Analyst (EAS)

Dental Assistant (E)

Manager (EIS)

Educational Administrator

(ESA)

Emergency Medical Technician

(ESI)

Flight Attendant (ESA)

Foreign Service Officer (ESA)

Health Services Manager

Hotel Manager (ESR)

CAREER POSSIBILITIES(Holland Code):

Advertising, marketing, and public relations managers **Advertising Sales**

Barber/Hairdresser (ESR)

Financial Manager (ESA) Buyer (ESA)

Credit Manager (ERS)

Educational - Training

Food Service Manager (ESI)

Funeral Director (ESR)

(ECR)

Housekeeper (ESR)

Insurance Adjuster (ESR) Insurance Agent (ECS) Interpreter (ESA) Journalism (EAS) Lawyer/Attorney (ESA) Manufaturer's Representative (ESA) Office Manager (ESR) **Public Relations** Representative (EAS) Real Estate Agent (ESR) Restaurant Manager (EAS) Retail Sales Person (ESR) Retail Store Manager (ESR) Sales Manager (ESA) Sales Representative (ERS) Social Service Director (ESA) Stockbroker (ESI) Tax Accountant (ECS) Traffic Clerks (ESC) Travel Agent (ECS) Urban Planner (ESI)

Industrial Engineer (EIR)

CONVENTIONAL The Organizers"





ARE YOU:	CAN YOU:	LIKE TO:
well-organized accurate numerically inclined methodical conscientious efficient conforming orderly practical thrifty systematic structured polite ambitious obedient persistent	work well within a system do a lot of paper work in a short time keep accurate records use a computer terminal write effective business letters	follow clearly defined procedures use data processing equipment work with numbers type or take shorthand be responsible for details collect or organize things
HOBBIES:	CAREER POSSIBILIT	IES(Holland Code):
Collecting memorabilia Arranging and organizing household or workshop, etc. Playing computer or card games Collecting any related objects Keeping club or family records and files Reading home magazines Studying tax laws Practicing Clutter's Last Stand Writing family history GAMES: Collect baseball cards Organize desk, books, Arrange papers Play office	Accounting Clerk and Bookkeeper (CSR) Administrative Assistant (ESC) Bank Teller (CSE) Budget Analyst (CER) Building Inspector (CSE) Business Teacher (CSE) Cashier (CSE) Catalog Librarian (CSE) Clerk (CSE) Computer Operator (CSR) Cost Accountant (CES) Court Reporter (CSE)	Financial Analyst (CSI) Insurance Adjuster (CSE) Insurance Underwriter (CSE) Internal Auditor (ICR) Key Punch Operator (CSE) Kindergarten Teacher (CSE) Legal Secretary (CSA) Library Assistant (CSE) Medical Records Technician (CSE) Medical Secretary (CES) Safety Inspector (RCS) Service Station Attendent (CER) Tax Consultant (CES) Telephone Operator (CSE) Typist (CES)



APPLICATION OF YOUR CAREER DNA

HOLLAND CODE and HIGH SCHOOL COURSES and CLUBS

Realistic Technology, Family Consumer Science, Physical Education

Family Consumer Sciences

Baking Chef's Choice International Foods

Health

First Aid, CPR Health

Sports Medicine

CAREER/TECH CENTER:

Culinary Arts Cosmetology

TechnologyAerospace and Flight

Architecture Drawing
Automotive
Basic Electricity
Computer Networking
Construction Materials and Wood
Engineering
Graphic Communications
High Tech Computers
Small Engine Repair

CAREER/TECH CENTER:

Auto Body Repair/Technology Aviation Science/Aircraft Pilot Carpentry Computer Networking Construction Electricity Drafting/Computer Aided (CAD) Heating/Air Conditioning (HVAC) Horse Care Horticulture/Landscaping Outdoor Equipment Technology

Veterinary Assisting

Welding

Clubs

Baseball Intramurals
Basketball Intramurals
Earth & Outdoors Club
Ecology Club
Indoor Soccer
Lacrosse Intramurals
Marine Biology Club
Robotics Club
Self Defense Club
Stage Crew

Technology Honor Society Varsity Club Volleyball Intramurals Weight Training

vestigative Science, English, Psychology, Health, Math

Science

Biology Chemistry Earth Science Environmental Science Forensic Science Marine Science Physics

CAREER/TECH CENTER:

Medical Assisting Medical Laboratory Nurse Assisting

English English 9, 10, 11, 12

American and British Literature Creative Writing Debating Fundamentals of Acting Journalism Public Speaking

Math

Algebra, Geometry
Calculus
Computer Science
Computers: Visual Basic
Programming for the Web
Statistics
Trigonometry

Shakespeare

Clubs

Biology club
Chemistry Club
Chess Club
Earth Science Club
Journalism Club
Law Club
Math Science Technology
Club
Literary Club
Physical Sciences
Olympiad
Physics Olympiad
Science Olympiad



Art, Music, Second Language, English

Concert Band

Concert Choir

Theory of Music

Second Language

American Sign Language I and II

Orchestra Symphonic Band

French

Italian

German

Spanish

Music

-	
Δ	rt

Advertising Design 1 and 2

Cartooning Ceramics Drawing 1 and 2 Fashion Illustration

Filmmaking Media Arts Painting 1 and 2 Photography Sculpture Studio in Art Studio in Crafts Studio in Great Artists Video Portfolio

CAREER/TECH CENTER:

Advertising Art

Video Production

Fashion Merchandising/Design

Floral Arts Photography Printing Video Production

Film History and Critique

Enalish

English 9, 10, 11, 12 American and British Literature

Creative Writing

Debating Fundamentals of Acting

Journalism **Public Speaking** Shakespeare

Clubs

Art Club Brass Quintet

Chamber Music/Fiddle Club

Creative Spotlight

Dancin'

German Honor Society Italian Club/Honor Society

Jazz Band

Living Theater 2000 Magic: The Gathering

National Art Honor Society National French Honor Society National Media Arts H. S.

Photography Club Show Choir

Spanish Honor Society

Stage Band

Thespian Troupe 2035 Tournament of Plays

Winter Drama Producer/Director

Business, Social Studies, Family Consumer

Business

Accounting **Business Law**

Business Presentations

Career Planning

Fashion Apparel and

Accessories

Fashion Marketing Financial Planning Intro to Business

Marketing and Advertising

Sports Management Sports Marketing

Wall Street I and II

CAREER/TECH CENTER:

Early Childhood Education &

Care

Travel & Tourism

Social Studies

Anthropology

Criminal Justice

Economics Holocaust

Law & Judicial Processes Participating in Government

Practical Law

Psychology

Radio Broadcasting

Sociology

Trial Proceedings

Wars

Family Consumer Sciences

Child Development

Early Childhood and Nursing

Interior Decorating

Parenting Relationships

Clubs

Debating Team

DECA

General Student Association

Habitat for Humanity

HIV Peer Educators' Club

Interact Key Club

Multicultural Club

On Target/Positive Edge

Radio Broadcasting Renaissance Club

S.A.D.D.

School of Business

nterprising

Business, Social Studies, Math

Business	Social Studies	Clubs
Accounting	Anthropology	
Business Computer Apps.	Criminal Justice	Freshman Class Council
Business Law	Economics	Investment Club
Business Presentations	Holocaust	Junior Class Council
Career Planning	Law & Judicial Processes	Model UN
Cooperative Work Experience	Participating in Government	Senior Class Council
Desktop Publishing	Practical Law	Sophomore Class Council
Fashion Apparel and	Psychology	DECA
Accessories	Radio Broadcasting	
Fashion Marketing	Sociology	
Financial Planning	Trial Proceedings	
Intro to Business	Wars	
Marketing and Advertising	Math	
Sports Management	Algebra	
Sports Marketing	Calculus	
Wall Street I and II	Computer Science Computers: Visual Basic	
	Geometry	
	Programming for the Web	
	Statistics	
	Trigonometry	

Conventional Business, Math

Business	Math	Clubs
Accounting		
Business Computer Apps.	Algebra	Academic Quiz Bowl
Business Law	Calculus	Math Team
Business Presentations	Computer Science	National Mathematics
Career Planning	Computers: Visual Basic	
Cooperative Work Experience	Geometry	
Desktop Publishing	Programming for the Web	
Fashion Apparel and	Statistics	
Accessories	Trigonometry	
Fashion Marketing		
Financial Planning		
Intro to Business		
Marketing and Advertising		
Sports Management and		
Marketing		
Wall Street I and II		

USING ONET TO FIND THE CAREER DNA OF JOB TITLES

http://www.onetonline.org/find/

The U.S. Department of Labor has analyzed 95% of the job titles we have in our corporate world. Their analysis included: Tasks, tools and technology, knowledge, skills, abilities, work activities, education, values and INTERESTS! The magic of this career counseling method I am sharing with you is the connection between Career DNA and every job title. If you know your Career DNA, you can identify job titles. Or, if you are curious and want to know what the Career DNA is for a particular occupation, you can search for the answer.

You can also match, courses, clubs, work-based learning experiences, college majors, and military choices. The Career DNA is the key to career decision making. This system is available for K-12, post-secondary, adults and retirees.

For example, let's revisit Joe and Harry, our carpentry students.

If Joe had taken the Career DNA assessment, we would have discovered that Joe's Career DNA is **ECS**. Harry, who was very successful in the carpentry field, did take the Career DNA assessment and he found out he is **RCI** Let's use ONET to research the various jobs in the carpentry field. Which job was Joe more suited for based upon his Career DNA?

Career DNA	ONET JOB TITLES
(Click on Interests)	(Copied and pasted job titles straight from ONET)
RC	Carpenter Assistant, Installer; Carpenter Helper; Carpenter's Helper; Carpenter/Labor; Carpentry; Drywall Hanger, Framer; Form Setter; Form Setter/Driver; Framing and Hanging; Hanger
RCI	Carpenter, Lead Carpenter, Assembler, Finish Carpenter, Construction Worker, Custom Stair Builder, Installer, Production Worker, Trim Carpenter, Concrete Carpenter
ERC	Concrete Foreman, Construction Area Manager, Construction Foreman, Construction Manager, Construction Superintendent, General Contractor, Job Superintendent, Project Executive, Project Manager, Project Superintendent
ARI	Intern Architect, Drafter, Architect, Draftsman, Architectural Designer, Architectural Drafter, Architectural Intern, Project Manager, Architectural Draftsman, CAD Technician (Computer-Aided Design Technician)
CE	Estimator, Cost Estimator, Estimator Project Manager, Project Manager, Construction Estimator, Cost Analyst, Design Consultant, Operations Manager, Sales Engineer
Al	Architect, Project Architect, Project Manager, Architectural Project Manager, Principal, Design Architect
EC	Sales Representative, Account Manager, Sales Manager, Inside Sales Representative, Account Development Manager, Account Executive, Channel Sales Director, Marketing Representative, Sales Director, Distribution Sales Manager

Observations about Career Career DNA

- 1. "Career DNA" is my branded name for the assessment created in 1955 by Dr. John Holland. I discovered the connections among the career decisions areas in the early 80s a few years after my son, Bill was born. Bill is the main character in the Games2Careers book. In the 90s, the DOL translated the former text, <u>Dictionary of Occupational Titles</u> to a website and matched the job titles to Dr. Holland's interests. Soon after colleges and the military followed with their connections.
- 2. A decent career match occurs if an individual has two of the three interest areas in any order. If the individual has all three interests in the correct order, he will have a very good career match.
- 3. Enterprising, investigative and artistic job titles tend to connect to occupations which require a college education.
- **4.** Realistic, social and conventional interests are quite often appear in entry level positions. Over 60% of the population are more suited for careers which begin with R, S or C.
- 5. Most individuals should take two or more Holland Code assessments in order to validate their choices. I always had my students take a least two of the assessments and then, if their letters did not match, I would have them take one more.
- 6. XtremeIntern is based upon the Career DNA. Every internships is labeled by its Career DNA.
- 7. Whenever you career counsel a student, you should always know what his/her Career DNA is.
- **8.** This system is probably best for 8th graders and older. If I was working with a younger child, I would include the parents in the conversation.
- 9. Matching the Career DNA to Career Cluster results renders the career-decision more on target.

MATCH YOUR DNA TO INTERNSHIPS

Work-based learning experiences can be either a paid or non-paid. Realistic Investigative Artistic Intern with a... Intern with a... Intern with... Auto dealership Hospital Advertising firm Construction company Medical lab Art gallery Museum Computer company Doctor's office Civil or Mechanical Engineering Veterinary office Sign company firm Software company Local newspaper's art/layout Architect Engineering firm – electrical or department. computer Security company Art supply store Theatre or dance group Manufacturing company Environmental firm Landscaping company Local newspaper. • Film or video company Restaurant • Camp – arts and crafts or drama group. Camp – reading group Florist Summer police academy. Volunteering at the fire department. • Camp - sports leader Enterprising Conventional Social Intern with a Intern with a Intern with a Retail sales store Business owner Library Accountant Human Resources Department Government agency • Data Processing/computer firm • Community Relations Dept. Bank or financial company. Receptionist in an office Law office Law office • Child care or school Marketing company Doctor's office/Medical records Camp - counselor Insurance company Camp Office Camp – event planner







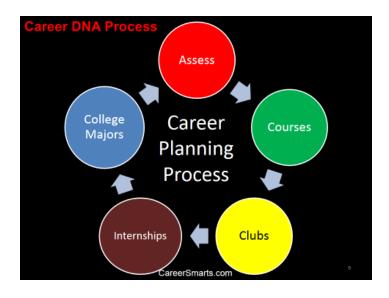
2 and 4 YEAR COLLEGE MAJORS BASED UPON DNA

DNA	2 YEAR COLLEGE MAJORS	4 YEAR COLLEGE MAJORS
People who have athletic or mechanical ability, prefer to work with objects, machines, tools, plants or animals, or to be outdoors. Do you like to: tinker with machines/vehicles, work outdoors, use your hands, be physically active, build things, tend/train animals, work on electronic equipment.	 Fire Protection Technology Fitness Special Physical Therapist Assistant Computer Technology Computer Science Criminal Justice: Police Option Engineering & Technology: Architectural Technology Construction Technology Automotive Service Specialist Horticulture Floriculture Option Landscape Development Manufacturing 	 Architectural Technology (RIE) Civil Engineering Technology (RIC) Computer Network Administration (RIC) Computer Software Specialist (IR) Construction Engineering Technology (REC) Drafting & Design Technology (RIE) Electrical Engineering Technology (RIE) Electronics Engineering Technology (RIS) Engineering Technology (RCI) Law Enforcement Technology (RIS) Mechanical Engineering (RIS) Mechanical Engineering Technology (RIE) Supply Chain Management (RES)
INVESTIGATIVE "The Thinkers" People who like to observe, learn, investigate, analyze, evaluate or solve problems. Do you like to: explore a variety of ideas use computers, work independently, perform lab experiments, read scientific or technical journals, analyze data deal with abstractions, do research be challenged.	 Medical Assisting Nursing Occupational Therapy Assistant Ophthalmic Dispensing Veterinary Science Technology Science Laboratory Technology American Sign Language Interpreter American Sign Language Sequence for the Deaf Dietetic Technician Software Specialist Electrical Engineering Technology Aero, Civil and Mech. Engineering Sequence Chemical Engineering Health Information Technology Psychology—Liberal Studies 	 Anthropology (IRE) Asian Studies (IEA) Bioengineering (IRE) Biology (IAR) Cardiovascular Technology (ISR) Chemical Engineering (IRE) Chemical Technology (IRS) Chemistry (IRE) Civil Engineering (IRE) Computer Science & Engineering (IRE) Economics (IAS) Electrical Engineering (IRE) Enyironmental Sciences (IR) Environmental Studies (IER) Foreign Languages (ISA) Geology (IRE) Geography & Planning (IRE) Industrial Engineering Technology (IRE) International Studies (IEA) Linguistics (IAS) Math Education (IRE) Mathematics & Computer Science Education (IRE) Medical Assisting Technology (ISA) Nursing (all programs) (SAC) Pharmacy (IES) Physics (IRE) Pre-Medicine (IS) Pre-Dentistry (IRS) Pre-Veterinary Medicine (IRS) Sociology (IES) Women's and Gender Studies (IS)

DNA	2 YEAR COLLEGE MAJORS	4 YEAR COLLEGE MAJORS
ARTISTIC "The Creators" People who have artistic, innovating or intuition abilities and like to work in unstructured situations using their imagination and creativity. Do you like to: attend concerts, theatres, art exhibits, read fiction, plays, and poetry, work on crafts, take photographs, express yourself creatively, deal with ambiguous ideas.	 Communications and Media Arts Journalism Fine Arts Photographic Imaging Radio and Television Production Technical Communication Performing Arts: Drama Performing Arts: Music Graphic Design Interior Design 	 Art (AES) Art Education (ASE) Art History (AIS) English (A) English Education (ASE) Foreign Language Education (AIE) Humanities (A) Library-Media Education (SAI) Music (ASC) Music Education (AES) Philosophy (AI) Theatre (AES) Dance (AR) Film/Video (AER)

HOLLAND CODE	2 YEAR COLLEGE MAJORS	4 YEAR COLLEGE MAJORS
SOCIAL "The Helpers" People who like to work with people to enlighten, inform, help. Do you like to: work in groups, help people with problems, participate in meetings, do volunteer work, work with young people, play team sports, serve others.	 Travel & Tourism Human Resources Mgmt. Sequence Community Service Assistant Early Childhood Education Recreation Leadership Community/Outdoor Recreation Therapeutic Recreation Sequence Sociology/Anthropology Chemical Dependency Counseling 	 American Studies (SEI) Athletic Training (SRE) Career & Technical Education (SER) Community Health Education (SEA) Correctional Technology (SER) Criminal Justice (SIE) Elementary Education (SAE) Emergency Medical Science Technology (RSI) Health & Human Performance Education (SEA) European Studies (SEI) Exercise Studies (SIR) History (SEI) Institutional Health Care (SER) International Relations (SIE) Kinesiotherapy (SIE) Latin American Studies (SEI) Law & Social Thought (SI) Middle East Studies (SEI) Mental Health Technology (SEA) Physical Education (SR) Physical Therapy (SIE) Political Science & Public Administration (SEC) Psychology (SIA) Public Administration (SEC) Recreation & Leisure Studies (SAE) Science Education (SIR) Social Service (SCE) Social Studies Education (SIE) Social Studies Education (SIE) Social Studies Education (SIE) Social Education (SEC) Therapeutic Recreation (SEC) Therapeutic Recreation (SEC)

DNA	2 YEAR COLLEGE MAJORS	4 YEAR COLLEGE MAJORS
ENTERPRISING "The Decision Makers" People who like to work with people, influencing, persuading, performing, leading or managing for organizational goals or economic gain. Do you like to: make decisions affecting others, be elected to office win a leadership or sales award start your own service or business campaign politically, meet important people, have power or status	 Accounting Business Administration Business Management Management Sequence Finance Sequence Insurance Sequence Real Estate Sequence Banking Sequence Marketing Sequence Restaurant Management Office Management Retail Business Management 	 Business Administration (ESC) Business Management Technology (ESC) Electronic Commerce (ERC) Entrepreneurship/Family & Small Business (ESR) Finance (ESC) Human Resource Management (ES) Industrial Engineering (EIR) International Business (ES) Management (ESC) Marketing (ES) Marketing & Sales Technology (ES) Operations Management (ESR) Organizational Development/Management (ES) Pre-Law (ESA) Professional Sales ES) Public Affairs & Community Services (ESA) Purchasing (ESR) Real Estate Technology (ESR) Urban Studies (ESI)
CONVENTIONAL "The organizers" People who like to work with data, have clerical or numerical ability, carry out tasks in detail or follow through on others' instructions. Do you like to: follow clearly defined procedures, use data processing equipment, work with numbers, type or take notes, be responsible for details, collect or organize things	 Office Technologies-Admin. Assistant Executive Sequence Legal Sequence Information Processing Sequence Computer Information Systems Medical Records Food Service Administration 	 Accounting (CSI) Administrative Office Technology (all) (CSE) Data Processing (CSE) Financial Services (CES) Information Systems (CES) Information Services and Support (CER) Legal Assisting/Pre-Law Studies (CSE) Paralegal Studies (SEC) Secretarial Technology (CSE) Spanish & Legal Assisting (CSI) Transportation Management Technology (CSE) Accounting Technology (CSI)



MILITARY CAREERS AND CAREER DNA

HOLLAND CODE	ENLISTED PERSON OR OFFICER	JOB CATEGORY	JOB TITLE
Artistic	E	Media, Public Affairs	Audiovisual and Broadcast Technicians
Artistic	E	Media, Public Affairs	Broadcast Journalists and Newswriters
Artistic	E	Media, Public Affairs	Graphic Designers and Illustrators
Artistic	E	Media, Public Affairs	Interpreters and Translators
Artistic	E	Media, Public Affairs	<u>Musicians</u>
Artistic	E	Media, Public Affairs	Photographic Specialists
Artistic	0	Media, Public Affairs	Audiovisual and Broadcast Directors
Artistic	0	Media, Public Affairs	Music Directors
Artistic	0	Media, Public Affairs	Public Information Officers
Conventional	E	Administrative	Administrative Support Specialists
Conventional	E	Administrative	Finance and Accounting Specialists
Conventional	E	Administrative	Flight Operations Specialists
Conventional	E	Administrative	Legal Specialists and Court Reporters
Conventional	E	Administrative	Preventive Maintenance Analysts
Conventional	E	Administrative	Sales and Stock Specialists
Conventional	E	Health Care	Medical Record Technicians
Conventional	E	Transportation/Material Handling	Quartermasters and Boat Operators
Conventional	E	Transportation/Material Handling	Warehousing and Distribution Specialists
Conventional	0	Executive/Administrative/Managerial	Logisticians
Conventional	0	Executive/Administrative/Managerial	Purchasing and Contracting Managers
Conventional	0	Executive/Administrative/Managerial	Store Managers
Conventional	0	Executive/Administrative/Managerial	Supply and Warehousing Managers
Enterprising	0	Executive/Administrative/Managerial	Administrative Officers
Enterprising	0	Executive/Administrative/Managerial	Finance and Accounting Managers
Enterprising	0	Executive/Administrative/Managerial	Health Services Administrators
Enterprising	0	Executive/Administrative/Managerial	International Relations Officers
Enterprising	0	Executive/Administrative/Managerial	Management Analysts and Planners
Enterprising	0	Protective Services	Emergency Management Officers
Enterprising	0	Support Services	Food Service Managers
Investigative	E	Engineering, Science, Technical	Communications Equipment Operators
Investigative	E	Engineering, Science, Technical	Computer Systems Specialists
Investigative	E	Engineering, Science, Technical	Environmental Health and Safety Specialists
Investigative	E	Engineering, Science, Technical	Intelligence Specialists Materials of Specialists
Investigative	E	Engineering, Science, Technical	Meteorological Specialists Condingular and FEC Techniques
Investigative	E	Health Care	Cardiopulmonary and EEG Technicians
Investigative	E	Health Care	Dental and Optical Laboratory Technicians Dental Specialists
Investigative	E	Health Care	Dental Specialists Medical Care Technicians
Investigative	E	Health Care	Medical Care Technicians Medical Laboratory Technicians
Investigative	E	Health Care	Medical Laboratory Technicians
Investigative	E	Health Care	Medical Service Technicians

Investigative	Е	Health Care	Optometric Technicians
Investigative	E	Health Care	Pharmacy Technicians
Investigative	E	Health Care	Physical and Occupational Therapy Specialists
Investigative	E	Health Care	Radiology (X-Ray) Technicians
Investigative	Е	Transportation/Material Handling	Air Traffic Controllers
Investigative	E	Transportation/Material Handling	Flight Engineers
Investigative	0	Engineering, Science, Technical	Aerospace Engineers
Investigative	0	Engineering, Science, Technical	Civil Engineers
Investigative	0	Engineering, Science, Technical	Communications Managers
Investigative	0	Engineering, Science, Technical	Computer Systems Officers
Investigative	0	Engineering, Science, Technical	Electrical and Electronics Engineers
Investigative	0	Engineering, Science, Technical	Environmental Health and Safety Officers
Investigative	0	Engineering, Science, Technical	Industrial Engineers
Investigative	0	Engineering, Science, Technical	Intelligence Officers
Investigative	0	Engineering, Science, Technical	Lawyers and Judges
Investigative	0	Engineering, Science, Technical	<u>Life Scientists</u>
Investigative	0	Engineering, Science, Technical	Marine Engineers
Investigative	0	Engineering, Science, Technical	Nuclear Engineers
Investigative	0	Engineering, Science, Technical	Ordnance Officers
Investigative	0	Engineering, Science, Technical	Physical Scientists
Investigative	0	Engineering, Science, Technical	Space Operations Officers
Investigative	0	Health Care	<u>Dentists</u>
Investigative	0	Health Care	<u>Dietitians</u>
Investigative	0	Health Care	<u>Optometrists</u>
Investigative	0	Health Care	<u>Pharmacists</u>
Investigative	0	Health Care	Physical and Occupational Therapists
Investigative	0	Health Care	Physician Assistants
Investigative	0	Health Care	Physicians and Surgeons
Investigative	0	Health Care	<u>Psychologists</u>
Investigative	0	Health Care	Registered Nurses
Investigative	0	Transportation Management	Air Traffic Control Managers
Investigative	0	Transportation Management	Airplane Navigators
Investigative	0	Transportation Management	Airplane Pilots
Investigative	0	Transportation Management	Helicopter Pilots
Investigative	0	Transportation Management	Ship and Submarine Officers
Investigative	0	Transportation Management	Ship Engineers
Realistic	Е	Construction	Building Electricians
Realistic	Е	Construction	Construction Equipment Operators
Realistic	Е	Construction	Construction Specialists
Realistic	Е	Construction	Plumbers and Pipe Fitters
Realistic	Е	Electronic/Electrical	Avionics Technicians
Realistic	E	Electronic/Electrical	Electrical Products Repairers
Realistic	E	Electronic/Electrical	Electronic Instrument and Equipment Repairers
Realistic	E	Electronic/Electrical	Power Plant Electricians
Realistic	E	Electronic/Electrical	Precision Instrument and Equipment Repairers
Realistic	E	Electronic/Electrical	Ship Electricians
Realistic	E	Electronic/Electrical	Weapons Maintenance Technicians
Realistic	E	Engineering, Science, Technical	<u>Divers</u>
Realistic	E	Engineering, Science, Technical	Non-Destructive Testers
Realistic	E	Engineering, Science, Technical	Ordnance Specialists

Realistic	Е	Engineering, Science, Technical	Radar and Sonar Operators
Realistic	E	Engineering, Science, Technical	Space Operations Specialists
Realistic			
	E E	Engineering, Science, Technical	Surveying, Mapping, and Drafting Technicians
Realistic		Engineering, Science, Technical	Unmanned Vehicle (UV) Operations Specialists
Realistic	E	Machine Operation Production	Machinists Plant Country
Realistic	E	Machine Operation Production	Power Plant Operators
Realistic	E	Machine Operation Production	Printing Specialists
Realistic	E	Machine Operation Production	Survival Equipment Specialists
Realistic	E	Machine Operation Production	Water and Sewage Treatment Plant Operators
Realistic	E	Machine Operation Production	Welders and Metal Workers
Realistic	E	Protective Services	Emergency Management Specialists
Realistic	E	Protective Services	<u>Firefighters</u>
Realistic	E	Protective Services	Law Enforcement and Security Specialists
Realistic	E	Support Services	Food Service Specialists
Realistic	E	Transportation/Material Handling	Air Crew Members
Realistic	Е	Transportation/Material Handling	Aircraft Launch and Recovery Specialists
Realistic	Е	Transportation/Material Handling	Cargo Specialists
Realistic	Е	Transportation/Material Handling	Petroleum Supply Specialists
Realistic	Е	Transportation/Material Handling	Seamen
Realistic	E	Transportation/Material Handling	Transportation Specialists
Realistic	Е	Transportation/Material Handling	Vehicle Drivers
Realistic	Е	Vehicle and Machinery Mechanic	Aircraft Mechanics
Realistic	Е	Vehicle and Machinery Mechanic	Automotive and Heavy Equipment Mechanics
Realistic	Е	Vehicle and Machinery Mechanic	Heating and Cooling Mechanics
Realistic	Е	Vehicle and Machinery Mechanic	Marine Engine Mechanics
Realistic	Е	Vehicle and Machinery Mechanic	Powerhouse Mechanics
Realistic	0	Protective Services	Law Enforcement and Security Officers
Realistic	0	Transportation Management	Transportation Maintenance Managers
Realistic	0	Transportation Management	Transportation Managers
Social	Е	Human Resource Development	Personnel Specialists
Social	Е	Human Resource Development	Recruiting Specialists
Social	E	Human Resource Development	Training Specialists and Instructors
Social	Е	Support Services	Caseworkers and Counselors
Social	E	Support Services	Religious Program Specialists
Social	0	Health Care	Speech Therapists
Social	0	Human Resource Development	Personnel Managers
Social	0	Human Resource Development	Recruiting Managers
Social	0	Human Resource Development	Teachers and Instructors
Social	0	Human Resource Development	Training and Education Directors
Social	0	Support Services	Chaplains
Social	0	Support Services	Social Workers
Ooolai	U	Ouppoit Get vides	GOGIAI WOINGIS

NK WAK W

CAREER DNA PROFILE

NAME:

Instructions:

Items 1, 2 and 11 Record results from the assessments needed to create your DNA profile. Items 3 - 10 - Make appropriate career choices based upon the interpretation of your Career DNA. Make sure you list the Career DNA letters after each choice in items 3 – 10. i.e. Accounting CSI

#1 HOLLAND CODE	#2 PEOPLE/DATA/THINGS		
Record your interest areas in order of preference: (Realistic, Investigative, Artistic, Social, Enterprising, Conventional)	Record your work task preferences by placing the number of items you checked off in each group below.		
1.	People(S)Data (I&C)		
2. 3.	Things (R)Ideas (A)		
# 3 Match DNA to Courses Use the list provided or the options at your school/BOCES/CAREER AND TECHNICAL EDUCATION High School	#4 Match DNA to Clubs Use the list provided or the options at your school/BOCES		
The CAREER AND TECHNICAL EDUCATION courses can come from the home academic school and the CTE/ or BOCES schools CTE Courses or pathways. 1. 2. 3. Academic Electives: 1. 2. 3.	1. 2. 3.		

#5 Match DNA to Work-based learning Experiences

Choose one career area in which you will be placing students in. Find 6 job titles within that career field that are suitable for your students. You may choose 1 or 2 higher level job titles among the 6.

Career DNA	ONET JOB TITLES	

#6 Match DNA to 2-Year College Majors Based upon your Career DNA, identify at least three two-year college majors.	#7 Match DNA to 4-Year College Majors Based upon your Career DNA, identify at least three two- year college majors.
2 Year College Majors:	4 Year College Majors:
1. 2. 3.	1. 2. 3.
#8	#9
Military Match - Enlisted Use the materials provided for you.	Military Match - Officer Use the materials provided for you.
Military Match - Enlisted Use the materials provided for you. Three enlisted jobs related to your Career DNA Holland Code:	Military Match - Officer Use the materials provided for you. Three officer jobs related to your Career DNA Holland Code:
Use the materials provided for you. Three enlisted jobs related to your Career	Use the materials provided for you. Three officer jobs related to your Career
Use the materials provided for you. Three enlisted jobs related to your Career DNA Holland Code: 1. 2.	Use the materials provided for you. Three officer jobs related to your Career DNA Holland Code: 1. 2.

Internet Sites for Career Information

• ONET - US Federal site for all jobs/careers. Lists Holland Code for every position. http://online.onetcenter.org/find/ • NYS CareerZone - Good jump off site for matching Holland Code to jobs/careers/education. 2 http://www.nycareerzone.org/ • Nebraska Career Connections - Best site for career cluster descriptions. • https://www.visions-unltd.com/MasterWeb/Content/NE/ExploreOccupation.aspx 3 • See also http://www.education.ne.gov/nce/CareerClustersResources.htm - pdf slices Career One Stop - US Government Career site http://www.acinet.org/acinet/ and http://www.careeronestop.org/ 4 Bueau of Labor Statistics http://stats.bls.gov/ Get That Gig http://www.getthatgig.com/ 6 • Princeton Review - Birkman Personality assessment http://www.princetonreview.com/careers-after-college.aspx?uidbadge=%07 7 Riley Guide to Careers http://www.rileyguide.com/careers/index.shtml 8

Career Smarts - www.careersmarts.com - Career Planning and Workforce

Readiness materials.

9

Career Clusters Interest Survey

Nan	ne					
Sch	School Date					
box num	ections: Circle the items in each box that be as you choose. Add up the number of circle bers. Find the corresponding Career Clusters er Clusters you may want to explore.	s in each box. Look to see w	hich three boxes have the	highest		
B0X 1	Activities that describe what I like to do: 1. Learn how things grow and stay alive. 2. Make the best use of the earth's natural resources. 3. Hunt and/or fish. 4. Protect the environment. 5. Be outdoors in all kinds of weather. 6. Plan, budget, and keep records. 7. Operate machines and keep them in good repair.	Personal qualities that describe me: 1. Self-reliant 2. Nature lover 3. Physically active 4. Planner 5. Creative problem solver	School subjects that I like: 1. Math 2. Life Sciences 3. Earth Sciences 4. Chemistry 5. Agriculture	Total number circled in Box 1		
B0X 2	Activities that describe what I like to do: 1. Read and follow blueprints and/or instructions. 2. Picture in my mind what a finished product looks like. 3. Work with my hands. 4. Perform work that requires precise results. 5. Solve technical problems. 6. Visit and learn from beautiful, historic, or interesting buildings. 7. Follow logical, step-by-step procedures.	Personal qualities that describe me: 1. Curious 2. Good at following directions 3. Pay attention to detail 4. Good at visualizing possibilities 5. Patient and persistent	School subjects that I like: 1. Math 2. Drafting 3. Physical Sciences 4. Construction Trades 5. Electrical Trades/Heat, Air Conditioning and Refrigeration/ Technology Education	Total number circled in Box 2		

Activities that describe what I like to do:

- 1. Use my imagination to communicate new information to others.
- 2. Perform in front of others.
- 3. Read and write.
- 4. Play a musical instrument.
- 5. Perform creative, artistic activities.
- 6. Use video and recording technology.

7. Design brochures and posters.

Personal qualities that describe me:

- 1. Creative and imaginative
- 2. Good communicator/good vocabulary
- 3. Curious about new technology
- 4. Relate well to feelings and thoughts of others
- 5. Determined/tenacious

School subjects

- 1. Art/Graphic design
- 2. Music

that I like:

- 3. Speech and Drama
- 4. Journalism/Literature
- 5. Audiovisual Technologies

Total	
numbe	r
ircled	in
Box 3	

Source: Adapted from the Guidance Division Survey, Oklahoma Department of Career and Technology Education (2005)

Note: This survey does not make any claims of statistical reliability and has not been normed. It is intended for use as a guidance tool to generate discussion regarding careers and is valid for that purpose.

Activities that describe what I like to do: Personal qualities School subjects Total that describe me: that I like: number 1. Perform routine, organized activities but circled in can be flexible. 1. Organized 1. Computer Box 4 2. Work with numbers and detailed 2. Practical and logical Applications/Business information. 3. Patient and Information 3. Be the leader in a group. 4. Make business contact with people. 4. Tactful Technology 2. Accounting 5. Responsible 5. Work with computer programs. 3. Math 6. Create reports and communicate ideas. 4. English 7. Plan my work and follow instructions 5. Economics without close supervision.

Activities that describe what I like to do 1. Communicate with different types of	that describe me:	School subjects that I like:	Total number circled in
people. 2. Help others with their homework or to	 Friendly Decision maker 	1. Language Arts 2. Social Studies	Box 5
learn new things. 3. Go to school.	3. Helpful 4. Innovative/Inquisitive	3. Math 4. Science	
5. Handle several responsibilities at once.6. Acquire new information.	5. Good listener	5. Psychology	
7. Help people overcome their challenges.			

	Activities that describe what I like to do: 1. Work with numbers.	Personal qualities that describe me:	School subjects that I like:	Total number
B0X 6	 Work to meet a deadline. Make predictions based on existing facts. Have a framework of rules by which to operate. Analyze financial information and interpret it to others. Handle money with accuracy and reliability. Take pride in the way I dress and look. 	 Trustworthy Orderly Self-confident Logical Methodical or efficient 	 Accounting Math Economics Banking/Financial Services Business Law 	circled in Box 6

Activities that describe what I like to do: 1. Be involved in politics.	Personal qualities that describe me:	School subjects that I like:	Total number
 Negotiate, defend, and debate ideas and topics. Plan activities and work cooperatively with others. Work with details. Perform a variety of duties that may change often. Analyze information and interpret it to others. Travel and see things that are new to me. 	1. Good communicator 2. Competitive 3. Service-minded 4. Well-organized 5. Problem solver	1. Government 2. Language Arts 3. History 4. Math 5. Foreign Language	circled in Box 7

Activities that describe what I like to do: 1. Work under pressure. 2. Help sick people and animals. 3. Make decisions based on logic and information. 4. Participate in health and science classes. 5. Respond quickly and calmly in emergencies. 6. Work as a member of a team. 7. Follow guidelines precisely and meet strict standards of accuracy.	Personal qualities that describe me: 1. Compassionate and caring 2. Good at following directions 3. Conscientious and careful 4. Patient 5. Good listener	School subjects that I like: 1. Biological Sciences 2. Chemistry 3. Math 4. Occupational Health classes 5. Language Arts	Total number circled in Box 8
Activities that describe what I like to do: 1. Investigate new places and activities. 2. Work with all ages and types of people. 3. Organize activities in which other people enjoy themselves. 4. Have a flexible schedule. 5. Help people make up their minds. 6. Communicate easily, tactfully, and courteously. 7. Learn about other cultures.	Personal qualities that describe me: 1. Tactful 2. Self-motivated 3. Works well with others 4. Outgoing 5. Slow to anger	School subjects that I like: 1. Language Arts/Speech 2. Foreign Language 3. Social Sciences 4. Marketing 5. Food Services	Total number circled in Box 9
Activities that describe what I like to do: 1. Care about people, their needs, and their problems. 2. Participate in community services and/or volunteering. 3. Listen to other people's viewpoints. 4. Help people be at their best. 5. Work with people from preschool age to old age. 6. Think of new ways to do things. 7. Make friends with different kinds of people.	Personal qualities that describe me: 1. Good communicator/good listener 2. Caring 3. Non-materialistic 4. Intuitive and logical 5. Non-judgmental	School subjects that I like: 1. Language Arts 2. Psychology/ Sociology 3. Family and Consumer Sciences 4. Finance 5. Foreign Language	Total number circled in Box 10
Activities that describe what I like to do: 1. Work with computers. 2. Reason clearly and logically to solve complex problems. 3. Use machines, techniques, and processes. 4. Read technical materials and diagrams and solve technical problems. 5. Adapt to change. 6. Play video games and figure out how they work. 7. Concentrate for long periods without being distracted.	Personal qualities that describe me: 1. Logical/analytical thinker 2. See details in the big picture 3. Persistent 4. Good concentration skills 5. Precise and accurate	School subjects that I like: 1. Math 2. Science 3. Computer Tech/ Applications 4. Communications 5. Graphic Design	Total number circled in Box 11
Activities that describe what I like to do: 1. Work under pressure or in the face of danger. 2. Make decisions based on my own observations. 3. Interact with other people. 4. Be in positions of authority. 5. Respect rules and regulations. 6. Debate and win arguments. 7. Observe and analyze people's behavior.	Personal qualities that describe me: 1. Adventurous 2. Dependable 3. Community-minded 4. Decisive 5. Optimistic	School subjects that I like: 1. Language Arts 2. Psychology/Sociology 3. Government/History 4. Law Enforcement 5. First Aid/First Responder	Total number circled in Box 12

Activities that describe what I like to do: Personal qualities School subjects Total that describe me: that I like: number 1. Work with my hands and learn that way. circled in 2. Put things together. 1. Practical 1. Math-Geometry **Box 13** 3. Do routine, organized and accurate work. 2. Observant 2. Chemistry 4. Perform activities that produce tangible 3. Physically active 3. Trade and Industry 4. Step-by-step thinker courses 5. Apply math to work out solutions. 5. Coordinated 4. Physics 6. Use hand and power tools and operate 5. Language Arts equipment/machinery. 7. Visualize objects in three dimensions from flat drawings.

Activities that describe what I like to do: 1. Shop and go to the mall.	Personal qualities that describe me:	School subjects that I like:	Total number circled in
2. Be in charge.	1. Enthusiastic	1. Language Arts	1 1
3. Make displays and promote ideas.	2. Competitive	2. Math	Box 14
4. Give presentations and enjoy public	3. Creative	3. Business Education/	
speaking. 5. Persuade people to buy products or to	4. Self-motivated	Marketing	
	5. Persuasive	4. Economics	
participate in activities.		5. Computer Applications	
6. Communicate my ideas to other people.			
7. Take advantage of opportunities to make extra money.			

BOX 15	Activities that describe what I like to do: 1. Interpret formulas. 2. Find the answers to questions. 3. Work in a laboratory. 4. Figure out how things work and investigate new things. 5. Explore new technology. 6. Experiment to find the best way to do something. 7. Pay attention to details and help things be precise.	Personal qualities that describe me: 1. Detail-oriented 2. Inquisitive 3. Objective 4. Methodical 5. Mechanically inclined	School subjects that I like: 1. Math 2. Science 3. Drafting/Computer- Aided Drafting 4. Electronics/Computer Networking 5. Technical Classes/ Technology Education	Total number circled in Box 15
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B0X 16	Activities that describe what I like to do: 1. Travel. 2. See well and have quick reflexes. 3. Solve mechanical problems. 4. Design efficient processes. 5. Anticipate needs and prepare to meet them. 6. Drive or ride.	Personal qualities that describe me: 1. Realistic 2. Mechanical 3. Coordinated 4. Observant 5. Planner	School subjects that I like: 1. Math 2. Trade and Industry courses 3. Physical Sciences 4. Economics 5. Foreign Language	Total number circled in Box 16
	7. Move things from one place to another.		5. Foreign Language	

Disclaimer: Your interests may change over time. These survey results are intended to assist you with informal career exploration. Consider more formal assessments and other resources or services to help you plan your career. This survey does not make any claims of statistical reliability.



The Sixteen Career Clusters

1 Spriculture, Food & Natural Resources	The production, processing, marketing, distribution, financing, and development of agricultural commodities and resources including food, fiber, wood products, natural resources, horticulture, and other plant and animal products/resources.
tchitecture & Construction	Careers in designing, planning, managing, building, and maintaining the built environment.
3 A/V Technology Communications	Designing, producing, exhibiting, performing, writing, and publishing multimedia content including visual and performing arts and design, journalism, and entertainment services.
4 Siness, Management & Administration	Business Management and Administration careers encompass planning, organizing, directing and evaluating business functions essential to efficient and productive business operations. Business Management and Administration career opportunities are available in every sector of the economy.
5 A. A. Training	Planning, managing, and providing education and training services, and related learning support services.
6 inance	Planning, services for financial and investment planning, banking, insurance, and business financial management.
overnment & Public Administration	Executing governmental functions to include governance; national security; foreign service; planning; revenue and taxation; regulation; and management and administration at the local, state, and federal levels.
8 ealth Science	Planning, managing, and providing therapeutic services, diagnostic services, health informatics, support services, and biotechnology research and development.
9 Ospitality & Tourism	Hospitality and Tourism encompasses the management, marketing and operations of restaurants and other food services, lodging, attractions and recreation events, and travel-related services.

Career Clusters cont.

10	Siman Services	Preparing individuals for employment in career pathways that relate to families and human needs.
11	n formation Technology	Building linkages in IT occupations framework for entry-level, technical, and professional careers related to the design, development, support and management of hardware, software, multimedia, and systems integration services.
12	91 aw, Public Safety, Corrections & Security	Planning, managing, and providing legal, public safety, protective services and homeland security, including professional and technical support services.
13	anufacturing	Planning, managing and performing the processing of materials into intermediate or final products and related professional and technical support activities such as production planning and control, maintenance, and manufacturing/process engineering.
14	arketing, Sales & Service	Planning, managing, and performing marketing activities to reach organizational objectives.
15	cience, Technology, Engineering & Mathematics	Planning, managing, and providing scientific research and professional and technical services (e.g., physical science, social science, engineering), including laboratory and testing services, and research and development services.
16	ransportation, Distribution & Logistics	Planning, mangagement, and movement of people, materials, and goods by road, pipeline, air, rail and water and related professional and technical support services such as transportation infrastructure planning and management, logistics services, mobile equipment, and facility maintenance.

My top three Career Clusters of interest are:

2	
2	

For more information, check with a career counselor at your high school, career technical center, higher education institution, or one-stop career center.